



## Earth, Heart, Soul and Spirit: Shamanic Experience Workshop

**On Saturday 9<sup>th</sup> and Sunday 10<sup>th</sup> November: 10:00am to 5:00pm**

At Chalfont St Peter Community Centre Gravel Hill,  
Chalfont St Peter, Bucks SL9 9QX

(Just 20 minutes by train from London Marylebone to Gerrards Cross)

I am thrilled to announce this two day non-residential workshop which introduces you to core shamanic approaches and tools and shows you how to work within the shamanic state of consciousness. We will access the lower and upper worlds, journey to work with shamanic spirit allies such as power animals and guides, utilize Medicine Wheel teachings for connection and development, immerse ourselves in the power and beauty of ceremony and learn how to channel and work with healing energies.

This workshop will nourish your heart and soul. It will activate and empower the deep seated ancient shamanic force within you, strengthen your connection to spirit, expand your consciousness and aid you in your journey towards wholeness, to become “all that you can be”

This amazing, one off workshop will be co-facilitated by me, Roy Sunley and our friend **Christa MacKinnon** (more info on the next page).

This workshop is just **£145** for the two days with a few early bird places available at **£115**. So please quickly book and pay through Christa or Roy:

[www.roysunley.co.uk](http://www.roysunley.co.uk)

[www.christamackinnon.com](http://www.christamackinnon.com)

Or text Roy on 07775 997174





# Christa Mackinnon

Psychologist • Therapist • Shamanic Teacher • Author & Speaker



Christa is a psychologist, shamanic teacher and author of three books about shamanism and therapy, one of them groundbreaking in combining the ancient shamanic with the contemporary therapeutic, and one of them reaching best-selling status. Christa apprenticed to indigenous shamans in south America and learned from shamanic teachers all over the world. After a long career as an international trauma specialist, university lecturer and trainer, Christ shifted her focus by combining her professional knowledge with indigenous wisdom teachings, adapting these teachings for the modern world and the contemporary human psyche. Christa now facilitates training courses and workshops Internationally in psycho-spiritual shamanism, a subject she also addresses at conferences and writes and lectures about.

Christa is the founder of “Bridging the Worlds” and the co-founder of “Women Weaving Change”.

