

Healing the Divided Self and Traveling Home

Shamanic Soul Retrieval Training Course

With

Christa Mackinnon and Roy Sunley

Friday 30th October from 2 until 5pm:

Saturday 31st October and Sunday 1st November 9.30am until 5.30pm.

According to shamanic teachings, every one of us had to split-off parts of our psyche. This happens mainly during childhood and diminished our physical, mental, emotional and spiritual potential, fragmented us and severed the connection to our deepest and authentic selves. As these split-off parts are no longer available to us, our vital energetic powers and potentials are curtailed. In ancient psycho-spiritual teaching the retrieval and re-integration of such split-off parts of ourselves is therefore seen as the most vital step towards becoming whole.

This three-day non-residential experiential training course will teach you the ancient tool of Soul Retrieval, adjusted to contemporary practice. Soul Retrieval aims to retrieve and re-integrate split-off parts as without them people are unable to heal and lead creative authentic lives, which are meaningful and purposeful, and reach their potential.

Course content

In this course you will learn how to retrieve split-off parts for yourself and others. Once mastered you can integrate Soul Retrieval within your therapeutic or healing practice, your shamanic work or just utilise it for yourself.

- **The shamanic concept of Soul Loss**
- **The contemporary concept of dissociation**
- **The shamanic psycho-spiritual worlds: lower, upper and middle worlds**
- **Spiritual helpers for Soul Retrieval**
- **Journeying to retrieve split-off parts**
- **Retrieving split-off parts for others**
- **Grounding and integrating of retrieved parts: shamanic and modern tools**

Eligibility:

This course is mainly designed for practitioners in the healing and therapeutic fields, and people with some previous experience in shamanism and /or shamanic journeying. Eligible are therefore psychologists, therapeutic practitioners, counsellors, healers, body therapists, Reiki, Quantum Touch and other energy practitioners as well as Spiritual light workers.

Fees

Early bird fees: **£ 225.00 (before 15th February 2020)** Paid to Christa via her site or Roy via PayPal on his site, as below. Full fees: £ 275.00 (after 15th February 2020)

Certification, Accreditation and Facilitation

This course will be certificated. It is accredited by the International Practitioners of Holistic Medicine (IPHM) and will be and taught by Christa Mackinnon, a shamanic teacher, psychologist, therapist and author, with the assistance of Roy Sunley, a renowned spiritual teacher, international Medium, Quantum Touch instructor, Mindfulness instructor and Reiki Master teacher. For more information about Christa's and Roy's work, please click into their websites

- <http://www.christamackinnon.com>
- <http://www.roysunley.co.uk>

Location:

Horn Hill Village Hall: Rickmansworth Lane: Horn Hill: Chalfont St Peter. Bucks: SL9 0LX

The lovely, recently refurbished 100 year hall is just 5 minutes by car from Gerrards Cross Station which is only 20 minutes by train from London Marylebone and just 5 minutes from M40 and M25. Plenty of parking on site and lots of local hotels and Bed and Breakfasts through AirB&B. Please call Roy for more local information or visit his site above.